

## UOAA MISSION

The United Ostomy Associations of America is an association of affiliated, non-profit, support groups who are committed to the improvement of the quality of life of people who have, or will have an intestinal or urinary diversion. It is dedicated to the provision of information, advocacy and service to and for its affiliated support groups, their members and the intestinal and urinary diversion community at large.

## SERVICES OF THE UOAA

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### ADVOCACY

The UOAA is your voice in a national and local forum for issues dealing with healthcare insurance, both private and public, and discrimination issues. If you have an advocacy issue, contact us at [advocacy@uoaa.org](mailto:advocacy@uoaa.org)

## INFORMATION & EDUCATION

The UOAA supports a website

[www.uoaa.org](http://www.uoaa.org)

that contains a wide variety of

- educational materials
- ads for the latest in ostomy products
- discussion boards
- timely information pertaining to ostomy issues.
- information about the latest ostomy supplies.
- support and announcements about the national organization for the local groups and their members.
- donation acceptance capabilities.

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## THE PHOENIX

The Phoenix is the official publication of the United Ostomy Associations of America. Each issue is filled with success stories, helpful hints, a doctor and nurse's column and what's new in the ostomy world. Annual subscription - \$25  
Issues are published in December, March, June and September  
Free trial issue available.

**For more information call:  
800.826.0826**

## SERVICES OF THE LOCAL AFFILIATED GROUPS

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### VISITOR PROGRAM

This program is the backbone of the local support groups. Trained visitors will meet with pre and post operative patients in the hospital and in homes at the request of patients. Initial meetings are set up by phone. If you need a visitor call a local group, 800.826.0826 or email [ostomyvisitor@uoaa.org](mailto:ostomyvisitor@uoaa.org)

*The local groups offer  
lifelong support for  
ostomates and their  
families.*

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### MEETINGS

Each local group has regular meetings featuring ostomy supply manufacturers, WOC nurses, Doctors and other related speakers. A valuable part of these meetings are the times of sharing. The exchange of knowledge and ideas shared at these meeting will greatly benefit you and your family.

## NETWORK SUPPORT

The UOAA provides logistical support to:

- The Teen Network - 860.445.8224
- Young Ostomate & Diversion Alliance of America (YODAA) - 440.350.9854
- The 30+ Network - 586.978.1557
- GLO Gay Lesbian Ostomate - 773.286.4005
- Continent Diversion Group - 215.637.2409
- Pull-Thru Network (parents) - 205.978.2930
- 250 Local Support Groups

### JOIN A LOCAL SUPPORT GROUP TODAY

#### Montgomery Ostomy Support Group

Contact: Paul Williamson

Phone: 334-271-3563

Website:

[www.montgomeryostomy.info](http://www.montgomeryostomy.info)

Please call for meeting information.

The United Ostomy Associations of America is an association of local ostomy support groups across the country. These groups are made up of volunteers dedicated to helping people with colostomies, ileostomies, urostomies, continent diversions and their families.

People with ostomies are moms, dads, children, newborns, grandparents, teenagers, farmers, firemen, boxers, teachers, etc. Your local ostomy group is the place to find support and encouragement during your period of recovery and adaptation. It's the place to get the needed information and education that will help you find the tools so that you can get back to an active life. It's also the place where you can share your triumphs and knowledge with those who are now facing the surgery that saved your life.

There are many ostomates out there feeling isolated and alone. Even if you don't need support, think how much you could help them. For more information about the local support group call **334-271-3563**.

**All contributions to UOAA are tax deductible**

## Montgomery Ostomy Support Group

Affiliated with the



**United Ostomy Associations of America, Inc.**

### THE NATIONAL NETWORK FOR BOWEL & URINARY DIVERSION SUPPORT GROUPS

**Dedicated to the improvement of the quality of life of people who have or will have an intestinal or urinary diversion.**

800.826.0826 UOAA  
334-271-3563 Local Chapter

**[www.uoaa.org](http://www.uoaa.org)**

**email: [info@uoaa.org](mailto:info@uoaa.org)**

**[www.montgomeryostomy.info](http://www.montgomeryostomy.info)**